

# Case Study: Elara Caring



## Organization

As one of the largest at-home healthcare providers in the U.S., Elara caring serves over 60,000 patients daily with services including skilled home health, hospice, behavioral health and personal care.

Thanks to its staff of 35,000 healthcare employees these patients can receive the quality care they desire at home. Elara Caring provides the right care, at the right time, in the right place.

It is a bit of kindness which reverberates in a resounding fashion. From its inception the company has grown through acquisition and incorporation of approximately 250 companies into what it is today.



## Business Challenge

With the US CISA (Cybersecurity and Infrastructure Security Agency) warning healthcare organizations several times recently that they were under imminent risk of attack by criminal threat actors, Elara Caring's board of directors felt that there was a clear and present danger to their enterprise, their 200-plus facilities and to their employees working remotely in the field. They asked Elara Caring's CISO Eric Bowerman how vulnerable Elara Caring's enterprise was to such attacks – especially the recent ransomware and supply-chain attacks they had been seeing in the press. Eric reviewed the current controls and identified opportunities as well as a method to prove the efficacy of the new controls.



## Solution

With only a staff of two including Eric himself, Cymulate easily and quickly allowed them to analyze Elara Caring's vulnerability to ransomware and other advanced threats. Cymulate then assisted in the evaluation of multiple EDR (Endpoint Detection & Response) vendors and to select, implement and optimally configure a new EDR vendor. All of this done in only a few weeks.

### Challenge

Need to test existing and potential new security controls and their managed SOC and SIEM as a service vendor against advanced threats like ransomware and supply-chain attacks. Only two security team members.

### Solution

With Cymulate they not only optimized existing controls but were able to select new ones as well as test and optimize their SOC and SIEM managed service vendors.

### Benefits

Fast. Easy. Automated. Cymulate brings confidence through continuous security validation.



## Benefits

Eric Bowman feels that Cymulate brings him confidence and feels it is **“super easy to use”** and answers the tough boardroom questions: **“Cymulate is a force-multiplier for my small team. I can use it easily to test efficacy in a fire-and-forget automated manner.”**

Elara Caring now uses Cymulate to continuously test all existing security controls and even test the efficacy of its Managed SIEM (Security Information and Event Management) and Managed SOC (Security Operations Center) vendors. As new threats surface in the wild, Elara Caring knows what risk these present to their enterprise as they can run, test, and optimize against them immediately and easily.



*Cymulate is super easy to use and answers the tough boardroom questions. It is a force-multiplier for my small team. I can use it to easily test efficacy in a fire-and-forget automated manner.*



[Eric Bowerman, Elara Caring Chief Information Security Officer.](#)

## About Cymulate

With a Research Lab that keeps abreast of the very latest threats, Cymulate proactively challenges security posture end to end, automatically and continuously, allowing hyper-connected organizations in all maturity levels to avert damage and stay safe. Founded by an elite team of cyber researchers with world-class experience in offensive cyber solutions, Cymulate is trusted by hundreds of companies worldwide, from small businesses to large enterprises, including leading banks and financial services. They share our vision to be the gold standard for security professionals and leaders to manage, know and control their Cybersecurity Posture. Today it's simple for anyone to protect their company with the highest levels of security. Because the simpler cybersecurity is, the more secure your company—and every company—will be.

Contact us for a live demo, or get started with a free trial

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